

SYDNEY MIEDE

ACTING | FITNESS | CONTENT CREATION

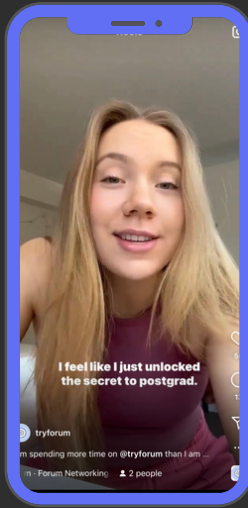
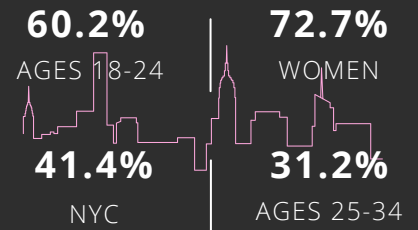


Hi! I'm an NYC-based actress, dancer, fitness professional, & storyteller. Growing up around documentary producers, I was exposed to the world of editing, interviews, visual storyboarding & content creation since I was in diapers. Now, I can't get enough of the camera - front & back facing! I LOVE the way content has the power it has to connect & reach an audience, tell simple & complex stories, & inspire creativity, change, & confidence. I am constantly inspired to bring my authentic stories & authentic voice to everything I do, every client I meet, & every job I take on. I just want to let the content create itself!

ENGAGEMENTS

- @ateam.co (49.6k)
- @yavetequila (8.2k)
- @f45training_flatiron (3.6k)
- @doyourumble (196k)
- @halfdays (30k)
- @travelcurator (60.4k)

AUDIENCE



SERVICES OFFERED

- Sponsored Stories. Tik Tok's & Insta Posts
- Photography/Videography & Editing
- Social Media Management & Br&d Content Creation
- Voiceover Work



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